

# **AIUTA University (International Association of Universities of de Third Age)**

Association

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The International Association of Universities of the Third Age (I.A.U.T.A.) brings together the universities of the third age from all the continents. For four decades I.A.U.T.A. has been defending elderly people's cause through lifelong education by means of university exchanges and innovations in the fields of education and scientific research in order for everyone to find their place in society.

"AIUTA" likely refers to the **Association Internationale des Universités du Troisième Âge (International Association of Universities of the Third Age)**, which supports the global University of the Third Age (U3A) movement, focused on lifelong learning for retired or semi-retired individuals, rather than a specific university. It highlights its aim to provide education and stimulation for older adults through shared learning, not formal qualifications.

An international organization is fostering U3A groups worldwide. Its purpose is to help older adults share knowledge, skills, and interests in a friendly, non-exam environment. The U3A movement started in France in the 1970s and spread globally. Groups organize lectures, study sessions, and activities, often in collaboration with local universities.